

# 20 400m Freestyle Women Final last heat

Official

Entries Heats Summary

Total 13 years 14 years 15 years 16-109 years

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Croft Amelia	16	 Manurewa ...			<b>4:45.25</b> Entry: 4:52.55 (-7.30)
	50m: 31.95	100m: 1:08.25 (36.30)	150m: 1:45.00 (36.75)			
	200m: 2:22.02 (37.02)	250m: 2:58.58 (36.56)	300m: 3:35.25 (36.67)			
	350m: 4:11.74 (36.49)	400m: 4:45.25 (33.51)				
2	 Claridge Lilly	16	 Nelson Sou...			<b>4:46.87</b> Entry: 4:48.18 (-1.31)
	50m: 32.74	100m: 1:07.90 (35.16)	150m: 1:44.08 (36.18)			
	200m: 2:20.81 (36.73)	250m: 2:57.71 (36.90)	300m: 3:34.62 (36.91)			
	350m: 4:11.35 (36.73)	400m: 4:46.87 (35.52)				
3	 Hurt Abigail	15	 St Peter's S...			<b>4:48.97</b> Entry: 4:52.27 (-3.30)
	50m: 32.67	100m: 1:08.98 (36.31)	150m: 1:45.47 (36.49)			
	200m: 2:22.32 (36.85)	250m: 2:59.37 (37.05)	300m: 3:36.48 (37.11)			
	350m: 4:13.41 (36.93)	400m: 4:48.97 (35.56)				
4	 Wilson Ella	14	 Selwyn Swi...			<b>4:51.68</b> Entry: 5:07.18 (-15.50)
	50m: 32.53	100m: 1:08.33 (35.80)	150m: 1:44.50 (36.17)			
	200m: 2:21.27 (36.77)	250m: 2:58.30 (37.03)	300m: 3:35.96 (37.66)			
	350m: 4:14.05 (38.09)	400m: 4:51.68 (37.63)				
5	 Yang Mingmae	14	 Dannevirke...			<b>4:52.46</b> Entry: 4:49.99 (+2.47)
	50m: 31.64	100m: 1:06.91 (35.27)	150m: 1:44.18 (37.27)			
	200m: 2:21.59 (37.41)	250m: 2:59.71 (38.12)	300m: 3:37.61 (37.90)			
	350m: 4:15.34 (37.73)	400m: 4:52.46 (37.12)				
6	 Lander Ashley	15	 St Paul's S...			<b>4:53.10</b> Entry: 4:58.84 (-5.74)
	50m: 33.33	100m: 1:10.58 (37.25)	150m: 1:47.59 (37.01)			
	200m: 2:24.98 (37.39)	250m: 3:02.21 (37.23)	300m: 3:39.70 (37.49)			
	350m: 4:16.67 (36.97)	400m: 4:53.10 (36.43)				
7	 Pahl Sophie	16	 Tasman Sw...			<b>4:55.12</b> Entry: 4:54.14 (+0.98)
	50m: 33.38	100m: 1:09.87 (36.49)	150m: 1:47.09 (37.22)			
	200m: 2:24.45 (37.36)	250m: 3:01.97 (37.52)	300m: 3:39.78 (37.81)			
	350m: 4:17.85 (38.07)	400m: 4:55.12 (37.27)				
8	 Chalke Jasmine	15	 Ashburton ...			<b>4:55.34</b> Entry: 4:53.92 (+1.42)
	50m: 32.32	100m: 1:07.81 (35.49)	150m: 1:44.41 (36.60)			
	200m: 2:22.16 (37.75)	250m: 3:00.04 (37.88)	300m: 3:38.69 (38.65)			
	350m: 4:17.41 (38.72)	400m: 4:55.34 (37.93)				
9	 Rogers Piper	16	 Tawa Swim...			<b>4:56.23</b> Entry: 4:53.79 (+2.44)
	50m: 32.38	100m: 1:08.85 (36.47)	150m: 1:46.68 (37.83)			


200m: 2:25.01 (38.33) 250m: 3:03.35 (38.34) 300m: 3:41.74 (38.39)  
350m: 4:19.61 (37.87) 400m: 4:56.23 (36.62)

10  Richardson Jessica

14  Hamilton Aq...

4:56.24  
Entry: 4:59.76 (-3.52)

50m: 31.87 100m: 1:07.50 (35.63) 150m: 1:44.95 (37.45)  
200m: 2:23.34 (38.39) 250m: 3:01.58 (38.24) 300m: 3:40.68 (39.10)  
350m: 4:18.05 (37.37) 400m: 4:56.24 (38.19)


11  Su Serena

16  Palmerston...

4:56.55  
Entry: 4:50.87 (+5.68)

50m: 33.67 100m: 1:09.55 (35.88) 150m: 1:46.83 (37.28)  
200m: 2:24.44 (37.61) 250m: 3:02.28 (37.84) 300m: 3:40.42 (38.14)  
350m: 4:19.26 (38.84) 400m: 4:56.55 (37.29)

12  Turrell Elsie

14  Orca Swim...

4:56.57  
Entry: 4:53.69 (+2.88)

50m: 33.15 100m: 1:09.52 (36.37) 150m: 1:46.37 (36.85)  
200m: 2:23.79 (37.42) 250m: 3:02.10 (38.31) 300m: 3:41.03 (38.93)  
350m: 4:19.43 (38.40) 400m: 4:56.57 (37.14)

13  Streletsky Lara

14  Triton Swim...

4:58.12  
Entry: 5:05.28 (-7.16)


50m: 33.28 100m: 1:10.06 (36.78) 150m: 1:47.87 (37.81)  
200m: 2:26.66 (38.79) 250m: 3:04.36 (37.70) 300m: 3:42.78 (38.42)  
350m: 4:21.67 (38.89) 400m: 4:58.12 (36.45)

14  Marlow Madison

15  Hamilton Aq...

4:58.46  
Entry: 4:57.84 (+0.62)

50m: 32.85 100m: 1:09.78 (36.93) 150m: 1:47.73 (37.95)  
200m: 2:25.73 (38.00) 250m: 3:03.94 (38.21) 300m: 3:42.10 (38.16)  
350m: 4:21.02 (38.92) 400m: 4:58.46 (37.44)

15  Henderson Mia

14  Waitaha S...

4:58.61  
Entry: 5:04.24 (-5.63)

50m: 34.20 100m: 1:11.78 (37.58) 150m: 1:50.07 (38.29)  
200m: 2:28.46 (38.39) 250m: 3:06.59 (38.13) 300m: 3:44.44 (37.85)  
350m: 4:23.02 (38.58) 400m: 4:58.61 (35.59)

16  Scott Megan

14  Swim Timaru

4:59.44  
Entry: 5:02.69 (-3.25)

50m: 32.42 100m: 1:09.67 (37.25) 150m: 1:47.51 (37.84)  
200m: 2:26.03 (38.52) 250m: 3:04.79 (38.76) 300m: 3:43.16 (38.37)  
350m: 4:21.68 (38.52) 400m: 4:59.44 (37.76)

17  Rule Dannielle

17  Porirua City...

4:59.87  
Entry: 4:52.03 (+7.84)

50m: 31.94 100m: 1:08.67 (36.73) 150m: 1:46.78 (38.11)  
200m: 2:25.45 (38.67) 250m: 3:04.31 (38.86) 300m: 3:43.27 (38.96)  
350m: 4:22.53 (39.26) 400m: 4:59.87 (37.34)

18  Migounoff Lara

13  Pukekohe ...

5:00.23  
Entry: 5:11.70 (-11.47)























50m: 33.80 100m: 1:11.89 (38.09) 150m: 1:50.72 (38.83)  
200m: 2:29.76 (39.04) 250m: 3:08.70 (38.94) 300m: 3:46.82 (38.12)  
350m: 4:24.86 (38.04) 400m: 5:00.23 (35.37)

19  Jury Mackenzie

13  Liz van Wel...

5:00.26  
Entry: 5:07.73 (-7.47)

50m: 33.81 100m: 1:11.21 (37.40) 150m: 1:49.56 (38.35)  
200m: 2:27.87 (38.31) 250m: 3:05.71 (37.84) 300m: 3:44.17 (38.46)  
350m: 4:23.47 (39.30) 400m: 5:00.26 (36.79)

20	 Dawson Catherine	16	 Wharenui S...	5:00.43 Entry: 4:54.15 (+6.28)
	50m: 33.98	100m: 1:10.73 (36.75)	150m: 1:48.99 (38.26)	
	200m: 2:27.28 (38.29)	250m: 3:06.04 (38.76)	300m: 3:45.35 (39.31)	
	350m: 4:23.91 (38.56)	400m: 5:00.43 (36.52)		
21	 Reader Jasmin	13	 North Shore...	5:00.51 Entry: 5:12.56 (-12.05)
	50m: 34.13	100m: 1:11.79 (37.66)	150m: 1:49.93 (38.14)	
	200m: 2:28.19 (38.26)	250m: 3:06.76 (38.57)	300m: 3:45.32 (38.56)	
	350m: 4:24.40 (39.08)	400m: 5:00.51 (36.11)		
22	 Drennan Aimee	14	 Jasi Swim ...	5:00.80 Entry: 4:58.29 (+2.51)
	50m: 33.50	100m: 1:10.62 (37.12)	150m: 1:48.68 (38.06)	
	200m: 2:26.91 (38.23)	250m: 3:06.27 (39.36)	300m: 3:45.34 (39.07)	
	350m: 4:24.38 (39.04)	400m: 5:00.80 (36.42)		
23	 Pui Rachel	13	 Whanganui...	5:00.87 Entry: 5:12.04 (-11.17)
	50m: 34.37	100m: 1:11.86 (37.49)	150m: 1:50.31 (38.45)	
	200m: 2:29.08 (38.77)	250m: 3:08.39 (39.31)	300m: 3:46.72 (38.33)	
	350m: 4:24.43 (37.71)	400m: 5:00.87 (36.44)		
24	 Calcott Ashley	15	 St Paul's S...	5:01.36 Entry: 4:58.97 (+2.39)
	50m: 33.78	100m: 1:11.24 (37.46)	150m: 1:49.07 (37.83)	
	200m: 2:27.56 (38.49)	250m: 3:06.41 (38.85)	300m: 3:44.65 (38.24)	
	350m: 4:23.42 (38.77)	400m: 5:01.36 (37.94)		
25	 Chitty Sophie	14	 Wharenui S...	5:02.94 Entry: 4:59.03 (+3.91)
	50m: 32.92	100m: 1:09.72 (36.80)	150m: 1:47.63 (37.91)	
	200m: 2:26.28 (38.65)	250m: 3:05.53 (39.25)	300m: 3:45.38 (39.85)	
	350m: 4:25.06 (39.68)	400m: 5:02.94 (37.88)		
26	 Dawson Addison	14	 Liz van Wel...	5:03.07 Entry: 5:05.43 (-2.36)
	50m: 33.51	100m: 1:10.78 (37.27)	150m: 1:48.77 (37.99)	
	200m: 2:27.77 (39.00)	250m: 3:06.91 (39.14)	300m: 3:46.40 (39.49)	
	350m: 4:25.23 (38.83)	400m: 5:03.07 (37.84)		
27	 Barry Amelia	13	 United Swi...	5:05.22 Entry: 5:08.18 (-2.96)
	50m: 33.22	100m: 1:10.16 (36.94)	150m: 1:48.43 (38.27)	
	200m: 2:27.53 (39.10)	250m: 3:07.25 (39.72)	300m: 3:46.85 (39.60)	
	350m: 4:26.61 (39.76)	400m: 5:05.22 (38.61)		
28	 Jarrett Lani	14	 St Paul's S...	5:05.45 Entry: 5:02.63 (+2.82)
	50m: 32.81	100m: 1:08.92 (36.11)	150m: 1:47.00 (38.08)	
	200m: 2:26.54 (39.54)	250m: 3:06.02 (39.48)	300m: 3:45.64 (39.62)	
	350m: 4:26.05 (40.41)	400m: 5:05.45 (39.40)		
29	 Pike Quinn	S19 14	 Hamilton Aq...	5:05.93 Entry: 5:04.50 (+1.43)
	50m: 33.78	100m: 1:10.86 (37.08)	150m: 1:48.74 (37.88)	
	200m: 2:27.74 (39.00)	250m: 3:07.42 (39.68)	300m: 3:47.62 (40.20)	
	350m: 4:27.33 (39.71)	400m: 5:05.93 (38.60)		
30	 St Just Maddy	13	 Porirua City...	5:06.70 Entry: 5:10.00 (-3.30)

50m: 33.34      100m: 1:10.43 (37.09)      150m: 1:48.92 (38.49)  
200m: 2:28.06 (39.14)      250m: 3:07.85 (39.79)      300m: 3:47.32 (39.47)  
350m: 4:27.10 (39.78)      400m: 5:06.70 (39.60)

**31**  McKague Adriana

13  Pirates Swi...

**5:08.12**  
Entry: 5:12.60 (-4.48)


50m: 33.91      100m: 1:11.11 (37.20)      150m: 1:49.43 (38.32)  
200m: 2:28.47 (39.04)      250m: 3:07.74 (39.27)      300m: 3:47.67 (39.93)  
350m: 4:28.34 (40.67)      400m: 5:08.12 (39.78)


**32**  Gilmour Evie

14  Taiari Swim...

**5:11.13**  
Entry: 4:59.42 (+11.71)

50m: 31.93      100m: 1:08.90 (36.97)      150m: 1:47.71 (38.81)  
200m: 2:28.06 (40.35)      250m: 3:08.55 (40.49)      300m: 3:49.27 (40.72)  
350m: 4:30.23 (40.96)      400m: 5:11.13 (40.90)

**33**  Hurt Chelsy

13  St Peter's S...

**5:13.04**  
Entry: 5:11.90 (+1.14)

50m: 34.82      100m: 1:13.82 (39.00)      150m: 1:53.83 (40.01)  
200m: 2:34.23 (40.40)      250m: 3:14.17 (39.94)      300m: 3:54.04 (39.87)  
350m: 4:34.12 (40.08)      400m: 5:13.04 (38.92)